

STARR KING VIEW

Starr King UU Fellowship
-A Welcoming Congregation-
December 2020



In this issue:

- [Sunday Services](#)
- [Minister's Letter](#)
- [Letter from the President](#)
- [Letter from Emily Burr, our Community Minister](#)
- [Soundbites](#)
- [News from the DRE](#)
- [Outreach for December](#)
- [Widening the Circle of Concern—Study Group](#)
- [Climate Action Team](#)
- [Book Group](#)
- [Wise Women, Morning Men](#)
- [IRA Gifts for 2020](#)

**Presented by the Starr King Music Department
in conjunction with the
Starr King BLM task Force.**

Thursday, December 10, 2020

6:30—8:00 PM

Check the Starr King Website for Zoom link.

Singing Across the Aisle

The Benefits and Challenges of Creating Diverse Singing Communities
Presented by Mimi Bornstein and Charles C. Brown

[For all the details, click here](#)

Black Lives Matter Workshop

**How to Respond If You Witness
Police Harassment of a Person of Color**
Sunday, December 13, 2020, 2:00—3:00 pm
[Click here for more information](#)

Holiday Office Schedule

The Fellowship office will be closed for the annual holiday break starting December 25th. The office will reopen on Tuesday, January 5, 2021. If something urgent comes up during that time, please do not hesitate to contact the pastoral care team or a member of the board. May you all be safe and well through this holiday season.

Office Hours

The Reverend Dr. Linda Barnes is in her office
Tuesday and Wednesday, 10:00 AM to 2:00 PM,
Thursday 10:00 AM. to 3:00 PM or by appointment, 536-8908.

Fellowship Office is open Tuesday through Friday
8:00 AM to 1:30 PM
536-8908

Minister's Newsletter

True intelligence operates silently. Stillness is where creativity and the solutions to problems can be found.

~ Eckhart Tolle

Our Soul Matters theme for December is Stillness. Once, not long ago, I was in conversation with my spiritual director (think therapist for matters of the spirit). In that conversation I was lamenting how difficult it was to be a minister in these times of Covid isolation. I was saddened and frustrated by those things that we could no longer do in person. Frankly, I miss you. I miss Sunday mornings when we would drink coffee together, where there were hugs, and laughs, and sweet spontaneous conversation. I miss the opportunity to see each other, really see each other. I continued on with my lament. I was trying to figure out how we could do a Christmas Eve service and have it feel, even a little, like a typical Christmas Eve. I felt like all those things I loved about being your minister were no longer possible and that those things that bring me less joy (read frustration) now demanded even more attention. That's a lot of lament. Maybe you've shared similar laments with a trusted listener.

My spiritual director, being a wise person, invited me to sit with my frustration and be open to a way forward. We sat in silence. We sat in stillness. Slowly, the reality of my situation did not seem so insurmountable. I began to understand that we'll be ok, that we've already learned how very resilient our community is. We have been quite creative in making things work. I came to believe that I would be ok too and that, together, we would figure things out. This is the value of stillness and this is the value of being invited to practice sitting with our own pain. In the coming month, I'm going to prescribe myself stillness. Feel free to take this prescription for yourself. Perhaps it's just the thing we need right now.

As we move through the coming holiday season I wish for you all the joy you can find. I wish for you connections with those you love both near and far. I encourage us all to continue, however imperfectly, to stay connected. Know that if you need someone to talk to, I'm here, please reach out. Now, more than ever, is the time to reach out even if you're unsure. We spend far too much energy worrying about rejection than we should. May stillness offer you peace and creativity. Know that all is just fine with our Fellowship, we are ok.

In faith and love,
Rev. Linda

[Back to Home Page](#)

UUSC (Unitarian Universalist Service Committee) Alert

There will be no "Guest at Your Table" boxes this year and no collection for the UUSC since local needs are so great. If you would like to contribute, please send your check to: UUSC - PO Box 808 - Newark, NJ. 07101 With a donation of \$40 you become a member and donations over \$150 will be "matched".

Thank you,
Cindy Spring

Sunday Services - December 2020

Live STREAM via ZOOM <https://zoom.us/j/567620881>

December 6 Where You Ought to Be Rev. Linda Barnes

You are exactly where you ought to be. In difficult times these words can be hard to understand or accept. On this Sunday, we'll explore the practice of recognizing that whatever we are experiencing, where ever we are, there can be found something to learn and something of worth.

December 13 Be Still and Encounter the Divine Rev. Linda Barnes

There is a reason that scripture and poetry describe stillness as the means to encounter the holy. Join us as we explore the human expressions of this very experience. Bring your own sense of the divine to this hour of recognizing that the world remains filled with wonder.

December 20 Stand Still on Winter Solstice Rev. Linda Barnes

During the Winter Solstice, the sun appears to stand still on the horizon. Join us for Winter Solstice reflections that remind us to stand still and appreciate that precious moment when we may yet feel the sun.

December 25 Christmas Eve Service Rev. Linda Barnes

This year, join Starr King UU Fellowship on Zoom for a Christmas Eve service from home. Your Starr King UU Staff - Rev. Linda, Sarah Dan, and Tatum, will offer a short Christmas Eve service from their own homes beginning at 5:30.

December 29 Book Service: What Have You Been Reading?

This low-key service offers us the chance to tell others about the books we've read in the past year and to give the Starr King UU Fellowship staff a well-deserved week off.

[Back to Home Page](#)

COVID-19 Prevention for our Fellowship Building: Update

As we increasingly move indoors for Fellowship activities, we would like to remind you that we have to be very careful to keep our gatherings safe for all involved. Meetings via Zoom and outdoors remain safer than indoors, but our Sunday services require a few participants in the sanctuary each Sunday. When any group meets in person, please note the guidelines below.

- The doors between the sanctuary and the Fellowship Hall should remain open to maximize the space occupied.
- Masks covering nose and mouth must be worn at all times indoors unless talking at the podium or while singing.
- Keep a minimum 12-foot distance from anyone singing unmasked.
- Six feet apart is farther than you think, and should be on all sides of each person.
- Fewer than 10 people at a time is best, but the maximum for any gathering should be 15 people, masked and physically distanced.
- Everyone entering the sanctuary should wash their hands or use hand sanitizer just before entering
- Wipe down the handheld microphone with sanitizer before passing it to someone else.
- Be aware of the need to keep frequently touched areas such as the podium and door handles sanitized. Ideally, leave the Sanctuary door open to minimize touching the door handle.

Certain areas of the Fellowship building are restricted to use by the Children's Learning Center and Fellowship staff. **ANY BUILDING USE MUST BE SCHEDULED THROUGH THE ADMINSTRATOR**, Lisa Olech.

Ad Hoc Pandemic Safety Committee members: Reverend Linda Barnes, Mary Crowell, Joe Kelaghan, Susan Scrimshaw and Suellen Skinner.

OUTREACH -- December 2020

The New Hampshire Food Bank

Today in New Hampshire approximately 1 in 7 men, women and children are unsure where their next meal will come from. An additional 71,000 people are food insecure. It is estimated that 21-23% of NH's children are living in a food insecure environment. These figures represent a dramatic increase in those needing assistance since the arrival of Covid 19.

Traditionally, the New Hampshire Food Bank doesn't directly distribute food to those in need; instead, it supplies food and produce to over 400 partner organizations all over the state. In 2019, it supplied 14.2 million pounds of food to its partners; The Plymouth Area Community Closet and Plymouth Got Lunch are both recipients of NH Food Bank supplies.

To meet today's surging demands, the Food Bank is now directly providing drive-through distributions three times a week at inner city locations, and at remote locations when funds are available, in addition to providing assistance to its partners. Food purchasing has increased, meal production has doubled in their culinary job training kitchen, and the Food Bank garden has provide over 15,000 pounds of fresh produce, with the help of 2000 volunteers.

The need is critical. According to their website, over 110,000 NH residents have \$4.15 per day to pay for three meals.

In this season of gift-giving, our collective donations to the New Hampshire Food Bank will help give our hungry neighbors support and sustenance. Every dollar donated provides enough food for up to 2 nutritious meals.

Donations may be made online by using the donate button on the Starr King Unitarian Universalist Fellowship home page, or by mailing a check to the Fellowship at PO Box 337, Plymouth NH, 03264. Any help you can give will be greatly appreciated.

Katherine Hillier
Outreach Coordinator

[Back to Home Page](#)

From your Community Minister

The election is over but not our work. I believe most Fellowship members are pleased with the results of New Hampshire's federal election. Unfortunately, in my opinion, we will have a Republican majority in the NH House and Senate, a Republican governor who said he was a Trump man through and through and a Republican Executive Council.

UUActionNH, <https://www.uuactionnh.org/>, NH Council of Churches <https://nhchurches.org/>, and Granite State Organizing Project <http://granitestateorganizing.org/> are all faith-based organizations that focus on statewide issues. During the next two years we will need to let our legislators know our values by writing and calling them. Please consider getting on the mailing lists for the above organizations. Donations are nice but not necessary to get information about progressive issues in our state.

All these organizations will advocate for our principles in the state legislature and public square. You will get information about bills and events that will affect social justice in NH. Another source of information is State House Watch put out by New Hampshire Quakers <https://www.afsc.org/action/nh-state-house-watch>.

Let's keep our UU values strong in New Hampshire.

Namaste,

Emily



Message from the Director of Religious Education

Dear Starr King Fellowship,

I hope that you had a restorative Thanksgiving - a day to express gratitude for many things, not the least of which being that we have reached the last month of this year. I'm confident that 2021 will bring relief and opportunities to be together once again.

Unfortunately, we are still in 2020, and due to increasingly stringent travel restrictions, I will not be able to attend in-person gatherings for at least the month of December. Youth Group will meet on **December 13**, and RE classes will continue to take place online, **every Sunday 11:00 - 11:45 AM**. Email reminders about weekly RE offerings will go out on Friday evenings.

I will miss you all! I look forward to reconvening in the not-so-distant future. Until then, I am heartened by our reverend's words: We stay apart now, so that when we gather again, no one is missing.

With gratitude,

Tatum Barnes

dre20@starringfellowship.org

[Back to Home Page](#)

IRA Gifts for 2020

As year-end approaches we remind you that if you are 70 ½ or older and have an IRA, gifts transferred directly from that IRA to qualified charitable organizations, like our Fellowship, may:

- allow you to make a gift of pre-tax dollars, rather than an after-tax gift through a check or credit card;
- be excluded from federal income taxes since your gift would pass directly from your IRA to the Fellowship; and
- provide you with a tax savings regardless of whether you itemize or not.

The CARES Act, in effect this year because of the pandemic, eliminated the requirement for most Required Minimum Distributions from IRAs in 2020 but those eligible to make Qualified Charitable Distributions may still use them to make gifts this year.

Sunday collections from the Starr King website.

The [Donate Here](#) button on the website is found at the top right of the [Starr King UU Fellowship page](#). It is very simple to use, and only requires you to register the first time you use the online donate form. After your registration is submitted, you will receive a welcome email from Simple Church Giving, which also includes a link to our donation page. You are also able to donate directly from the Simple Church app that many of you have on your smart phones.

The donation page form allows you to select the amount you wish to deposit into our virtual collection bowl, and to designate if you would like it to be a recurring donation, or not.

The funds you designate can be drawn from your bank account, or from a credit card account. Either way, *please consider helping to cover the cost of processing electronic donations by clicking on the "Convenience Fee" box when submitting your donation.*



Soundbites

"Find a Stillness, hold a stillness, let the stillness carry me" - #352 *Singing the Living Tradition* by Carl G. Seaburg (Transylvanian hymn tune)

As we enter the Holiday season, our theme of the month encourages us to seek stillness. I think that given the space we are in as a community in the throes of a pandemic, this shouldn't be very difficult. After all, most of us are sequestered at home, away from the bustle of the "normal" holiday frenzy. Yet, feeling comfortable with this community health care stillness differs from just taking a break from typical busyness. It can be a challenge. As I write this, the first Sunday in Advent is upon us. During this season of "waiting," we are encouraged to contemplate the ideals of Hope, Joy, Peace and Love as they apply to us individually and as a Faith community. Perhaps finding that "stillness" will help us look toward those ideals in earnest.

In years past, the choir would be practicing hard for music of the season, and working on sharing that with all of you. It is difficult to put that aside this year, yet I feel confident we can return to this endeavor in the future. Until then, we will be able to have some small group recordings that will hopefully offer some musical comfort to all of you. Our Christmas Eve service will be a bit different as well, with all of us zooming in from our homes. Yet, there will be music and readings, and offerings of stillness to carry us through.

I am glad to announce that the Starr King Music Program, in conjunction with our Black Lives Matter Group, is sponsoring a workshop on Thursday, December 10, 2020 entitled "Singing Across the Aisle: The Benefits and Challenges of Creating Diverse Singing Communities." Led by Mimi Bornstein and Charles C. Brown, this offering in story and song takes a look at ways in which music not only unites us, but explores the ways in which our own cultural assumptions can be challenged in Interfaith, multi racial efforts. The workshop is open to the entire congregation from 6:30-8:00 PM, and the zoom link will be posted on the Starr King Website. I hope you can join us for some inspiration and motivation.

It is important that we continue to move forward in our efforts to becoming a more inclusive community, with Love as our guiding principle. May this season of waiting and stillness boost your resolve and carry you through the hard night.

"In the Spirit, by the Spirit, with the Spirit giving power, I will find true Harmony."

In Faith,

Sarah Dan



[Back to Home Page](#)

Reminder from the Treasurer -

When you write a check to pay your pledge, please indicate on the memo line whether the payment is for FY 20 (the year which ran through June 30, 2020), or for FY 21 (our current pledge year which started July 1, 2020).

**Presented by the Starr King Music Department
in conjunction with the Starr King BLM task Force.**

Thursday, December 10, 2020

6:30—8:00 PM

Check the Starr King Website for Zoom link.



Workshop title and description:

Singing Across the Aisle

The Benefits and Challenges of Creating Diverse Singing Communities

Presented by Mimi Bornstein and Charles C. Brown

How can music serve as a catalyst for building bridges across cultural divides? How can collaborators and communities successfully navigate a diversity of traditions?

Through story and song we will explore how multi-racial, interfaith musical communities can open doors for deepening our understandings of race, cultural biases and more.

Mimi Bornstein is a choral director, song leader, pianist, workshop and worship leader, singer, and composer with a belief that when we sing we change who we are, and when we change who we are we change the world. Embracing the healing and transformational elements of music and the powerful journeys we take when we sing in community, Ms. Bornstein works across a broad range of settings both locally and nationally. Her music and choral arrangements have been performed nationally and internationally. Choruses under Ms. Bornstein's direction have performed with noted musicians including the Grammy Award-winning Paul Winter Consort, Paul Sullivan, Theresa Thomason, and Jonathan Edwards.

Mimi served as founder and artistic director of Midcoast Community Chorus (MCC), a non-profit community arts organization hosting a 140-voice non-auditioned multigenerational chorus. With a mission to sing as a community for the community, MCC provides a place for people to find voice and give voice to the issues of our time. Performing at least two concerts per year, MCC's spring concert benefits local non-profit organization doing important work in the community. MCC has donated over \$90,000 since its founding in 2008.

An active member of the American Choral Directors Association, Chorus America, and the Association for Unitarian Universalist Music Ministries (AAUMM), Mimi has presented workshops at national Chorus America conferences, served on the AAUMM Board of Directors where she also helped design and launch their Professional Music Ministry credentialing program, and served as AAUMM's Director of Conferences. She has presented workshops and served as choir director and worship leader at numerous national gatherings.

Mimi recently returned to Maine after serving as the Director of Music Ministries at the Unitarian Universalist Church of Arlington, VA. Currently, she serves as founder and director of Voices United, LLC an organization dedicated to creating musical connections as pathways for promoting equality, opportunity and inclusion for all.

Charles C. Brown, a singer, choir director, composer, vocal arranger, choreographer, coach, and minister, was born and raised in New Haven, Connecticut, "where I learned early on that my behavior and value on Yale University campus (as a non-student local) was vastly different than in the hood where I lived, 2 miles outside." Thus, uniting people through the arts became an early passion.

With backgrounds in the Black Gospel Church and musical theater, Charles never rested safely inside any stereotype, instead always pushing to either upgrade the production value of a church service or form a gospel choir from the cast of the current Broadway show he was in.

His choir affiliations include: Dixwell Inspirational Voices (founder/director), Unity in the Community Choir (director), Joyful Noise (founder/ composer), Salt & Pepper Gospel Singers (founder/director), North Carolina School of the Arts Gospel Chorus (director), Yale University Gospel Chorus (director), Varick A.M.E. Church (asst. minister of music), Grace Baptist Church (soloist/minister of music), St. James Unity Holiness Church (choir director), Unity Church Chicago (soloist/asst. minister of music), Broadway Inspirational Voices (soloist).

Charles is currently the vocal director of all 4 campuses of ZION Church, a non-denominational Christian megachurch in the MD/DC/VA area.

For a little preview of their work, checkout the following link to *I Need You to Survive*:

https://www.youtube.com/watch?v=rt7SXV1uO8l&feature=share&fbclid=IwAR0HySixMZ7y6QiDkKrtwGLOQxRs4g3TjECKYaspKhPpEIX22KQGQ8hz_cw

[Back to Home Page](#)

President's letter

As we head into December it is hard to believe it has been almost nine months since we celebrated our 40th year and were last all together. Although we have not been together in our building since March know that much is going on and that there are many opportunities to stay connected.

Our fabulous staff offer meditations on Facebook at 9:00 AM each week. Tatum Barnes, our director of religious education, offers his meditation on Tuesdays. Reverend Linda Barnes on Wednesdays and our director of music, Sarah Dan Jones, continues to offer her music meditation on Thursday mornings. All of these can be accessed from our website by clicking on the  at the top of the home page. If you miss them at 9:00, you can watch later in the day.

There is still room in Soul Matters, our small ministry groups, which meet once a month for no more than two hours. Men's group meets on Monday mornings and Wise Women in Training on Wednesdays. Please contact the office for more information and exact meeting times. If you would like to join the study group on "Widening the Circle of Concern" please contact Cindy Spring. Read the article in this newsletter for more information. You can also join the monthly Book Discussion Group. Contact Kathy Kelsey for that link. They are meeting again on December 8.

The Board continues to meet once a month via Zoom and much more frequently via email! Remember that you can join with a few members of the Board on the first Monday of the month for "Conversation." Our next opportunity is Monday, December 7 at 7:00 PM. You can find the link to join us on the calendar on the website or in The View. We look forward to seeing you.

There are also times to quickly catch up with each other before each Sunday Service and after in the "breakout rooms."

May you have a happy, healthy and safe holiday season and a happy New Year - from the Crowell household to yours.

Mary Crowell

[Back to Home Page](#)

Board's Bulletin

- Solar Project Legal Issues
- Building Repairs:
 - Elevator Fixed
 - Boiler Replacement with Electric in Future
- Website Redesign

Reach out to any board member if you have questions or just to discuss further.

HANNAFORD CARDS ARE BACK!!

Here's all you need to do to get yours...

- ◆ Email Lisa at admin@starrkingfellowship.org with your card request before noon on Thursdays.
- ◆ Every Friday, from 9:00 AM to Noon, you may stop by the Fellowship to drop off your check and pick up your cards! Everything will be done safely and "distantly."

*(If you can't stop by the Fellowship,
please contact Lisa for possible alternatives.)*

Remember:

Now is the time when we reflect on the small gifts we like to share with those who help us live so comfortably (postal person, young people who help stack wood, etc) and those needing assistance in our help to celebrate the holidays. I just noticed several of our non-profits like Voices Against Violence and the Community Closet Food Pantry are looking for local gift cards to give out. You can continue to help SKUUF and also purchase Hannaford cards of various denominations by sending an email to Lisa Olech admin@starrkingfellowship.org with your order to be picked up the following Friday.

My order just went in!

Betty Ann Trought

[Back to Home Page](#)

Zoom Etiquette

Starr King Fellowship, like so many other organizations, perhaps even your extended family, have adapted to meetings and gatherings held virtually now more than ever. Zoom and other formats have etiquette suggestions that make the experience better for all.

- Location: background should be clean and tidy. You may use a virtual background as well.
- Lighting: any lighting should be in front of you. Close blinds if window is in background.
- Position: camera device should be at eye level and capture from the chest up.
- Noise: mute yourself, unmute to speak. Background noise from any source is amplified.
- Video: turn on as purpose of this format is to connect with others and visual is preferred.
- Appearance: dress appropriately. If you or your device move, it can be embarrassing for all.
- Screenshots: ask permission of participants first and inform all where it will be posted.
- Speaker or gallery view: speaker view is good to focus, gallery view to see others' reactions.

This list has been edited from <https://www.torontonicity.com>

Search "zoom etiquette" for more information.

Smiling, kindness and involvement continues in our fellowship, thanks to a virtual format (and Rev. Linda and many others!) and we are doing as best as we can. With the pandemic and chaos in the world, thank you Zoom.

Jane Clay and the Board

Widening the Circle of Concern Study Group Based on the Report of the Commission on Institutional Change

Our study group met last Tuesday to talk about “Governance” at the UUA and within our Fellowship. There were only five of us, so we had time for a long check-in and it really did my heart good! It has been so long since we have been together. All the glimpses of you - before and after services, at Wise Women, at book group and in this study group - really feed my Spirit! I hope they are also feeding yours ~

When we finally moved to the topic, we talked about the UU General Assembly and how hard it is to connect our congregation to the issues. Our delegates really don't know how to represent us when they vote. GA happens in June just as we “part” for the summer so all the excitement and energy brought back is funneled into a summer service for maybe 20 of us. This year GA was virtual which meant that more of us attended but it felt disjointed. We were all sitting in front of our screens watching one lecture or worship service after another. No way to gather for lunch or coffee to talk about what we were experiencing.

We moved on to Starr King and began a long conversation about Communication. Mary mentioned that she had headed up a Communication Committee three years ago. They looked at the Newsletter, the weekly View, the Web Site, the bulletin boards and our FB page trying to figure out how to really help people know what is happening. For many the answer was “coffee hour” and comments before, during and after the service. Pretty hard when we are no longer together!

This might sound like a “dry topic,” but we did a lot of laughing along the way. We will be meeting again (over Zoom) on **Tuesday, December 22 at 7:00 PM**. Please join us! The topic will be “Congregations and Communities.” It is helpful to read that part of the report first, but come either way. It is good to be together! (Just e-mail me for the “link.”)

From one participant - “I find it very valuable to share opinions beyond check-in which ground our discussion in making our community better.”

Cindy Spring
Facilitator

[Back to Home Page](#)

Black Lives Matter Committee

Many thanks to those who attended the BLM Committee's virtual “Bystander Workshop” led by Suzanne Gaulocher on November 15th. The workshop focused on how bystanders should react if they witness harassment or intimidation of people of color in public spaces. The video recording of this workshop is available at www.starrkingfellowship.org.

The lively discussion at our first workshop led the BLM Committee to plan a second workshop focused more specifically on how passersby can react if they observe police officers harassing people of color.

WHAT: Workshop—How to Respond If You Witness Police Harassment of a Person of Color

WHEN: Sunday, December 13, 2020, 2:00—3:00 pm

WHERE: Virtual Event by Zoom. Find the link on the “ZOOM Calendar” tab at www.starrkingfellowship.org

BLM Committee member Paul Phillips will conduct the workshop and facilitate the discussion.

We hope you can join us!

From Your Climate Action Team—Sustainable Products

Whether gifts for family, friends, or stocking our own shelves, there are far more sustainable choices out there than we commonly think. We consulted with one of Bristol's sustainability gurus, Lauren Theriault, who came up with an extensive list that supports local shops and your own creativity. Have fun! Please let one of your Climate Action Team members know about some of your own ideas for the New Year! (Nancy Chaddock, Kathy Hillier, Margaret Salt, Stew Weldon)

For the Kitchen:

- Dishtowels
- Unpaper towels
- Refillable soap container
- A plant
- Glass containers for storing food
- A set of cloth napkins
- Beeswax wraps
- Loose leaf tea and strainer
- Kitchen scrubbers
- Fair trade coffee or chocolate

For the Bathroom:

- Unpackaged soap
- Shampoo and conditioner bars
- Safety razor
- Dental floss
- Toothpaste tabs
- Cotton or flannel reusable makeup removing rounds
- Bamboo toothbrush
- Lotion or lip balm in a metal container
- Homemade body scrub

For Those who Love the Outdoors:

- Seeds
- Potted plant
- Bird book
- Worms for a compost bin
- Bulbs to plant on the windowsill
- Recycled Journal

For the Homebody:

- Beeswax candle
- A gently loved book
- Wool or bamboo socks
- Colored pencils
- Online magazine subscription
- Glass jar with popcorn kernels and a coupon for a home movie

For Kids:

- Homemade play dough
- Gently used toys
- Wooden puzzles
- Coupons for trips to the park, solo dates with mom and dad
- Broken crayons
- Coloring book printed on recycled paper
- A treasure map/scavenger hunt
- Membership in a local museum or nature center
- Donation to charity in their name

For Those On the Go:

- Lunchbox
- Bamboo or reusable cutlery for eating on the go
- Reusable mug or water bottle
- Bamboo, metal or glass straw
- Silicone "baggies"
- Reusable shopping bags
- Mason jar with lid for drinking



Created by Stew Weldon

Book Group Selections

The SKUUF Book Group meets via Zoom the second Tuesday of each month at 3:30 p.m. Please join the discussion for these selections.

December 8 - Fiction - ***Gilead*** by Marilyn Robinson

January 12 - Non-fiction - ***Healing the Heart of Democracy*** by Parker Palmer

February 9 - Fiction - ***The Weight of Ink*** by Rachel Kadish

March 9 - Non-fiction - ***Caste*** by Isabel Wilkerson

The Zoom link is <https://us02web.zoom.us/j/82964373699?pwd=eENPS2s5SnIBVTIMUzFhd3JRb1NPZz09>

Wise Women

Our women's group of over 60 Seniors has dwindled somewhat as now forced to meet by Zoom and the loss of some active members. This group is designed to explore topics of interest to members and to share what we are learning on our life journeys. We are now meeting once a month on ZOOM. We are open to new members and suggest you contact Betty Ann Trought at batrought@gmail.com or Cindy Spring at cspring2@me.com to provide your email address to receive more ongoing information.

Upcoming Meetings:

December 9 at 10:30AM Mary Jane Sullivan Au.D. CCC-A will lead a discussion on Aging and Hearing. Dr. Sullivan is an Associate Professor in the Department of Communication Sciences and Disorders at the University of New Hampshire.

January 13 at 10:30AM Darlene Nadeau will introduce us to An Easy Seated Yoga session. As we move out of holiday season we all have to think seriously about getting bodies moving and minds relaxing to make the final challenges of the COVID Pandemic.

[Back to Home Page](#)

Monday Morning Men

The Monday Morning Men's group will try to meet via ZOOM on Monday, December 7 and 21 from 10:00 AM to noon.

Howling Monkey Nicaraguan Coffee Still Available

Shade-grown, organic Howling Monkey Nicaraguan coffee can still be purchased to support both the Starr King Youth group and Compas de Nicaragua. It is available either whole bean or ground, \$14 per pound. Please Contact Bob and Jane Clay, jhclay@roadrunner.com or 603-996-1207, to make arrangements for pick-up or delivery.



Starr King Unitarian Universalist Fellowship
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admin@starrkingfellowship.org
(603) 536-8908
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Staff

The Rev. Dr. Linda Barnes, Minister
Sarah Dan Jones, Director of Music Ministry
Tatum Barnes, Director of Religious Education
Lisa Olech, Office Administrator
admin@starrkingfellowship.org

Governing Board

Pres.: Mary Crowell
Vice Pres.: Jane Clay
Treasurer: Janet Englund
Secretary: Stephanie Halter
Trustees:
Sandy Mucci
Stewart Weldon
Mike Randall
Diana Pamplin
Cindy Spring

Mission and Vision statement

Mission:

At Starr King Unitarian Universalist Fellowship, we cultivate more love in the world and nurture more love for the world.

Vision:

Our Fellowship welcomes and cares for people of all ages and varied identities. We experience joy as we build community and use our relationships with each other to create a more loving world.

Our Fellowship embraces what is meaningful and beautiful. We offer diverse experiences in worship, music, and the arts through our services, events, and the use of our building.

We live and model our values, collectively creating social and environmental justice with direct action and financial support.

[Back to Home Page](#)

About Membership in Starr King Unitarian Universalist Fellowship

What it Means to be a Member

Membership is open to all individuals sixteen years and older regardless of race, creed, national origin, gender or sexual orientation who are in harmony with the visions, goals and principles of Starr King Unitarian Universalist Fellowship.

You are invited to become a member by participating in a Path to Membership orientation or by meeting with the Minister to review the benefits and responsibilities of membership. All new members sign the official Membership Record book witnessed by the Minister or a Membership Committee Chair.

Members are entitled to the services of the Minister and the use of the sanctuary for Rites of Passage (weddings, dedications, memorial services, etc.) at no cost. Members are eligible to serve in elected officer positions and serve as committee chairs. Members have the privilege of full voting rights.

Membership is maintained by active participation in the Fellowship, by supporting the annual Stewardship Drive and/or contributing service toward the Fellowship.

What it Means to be a Friend

A Friend of Starr King UU Fellowship is an individual in harmony with the visions, goals and principles of our Fellowship who chooses not to sign the Membership Record Book. A Friend may participate in any and all Fellowship activities but does not receive Rites of Passage services without a fee, is not eligible to vote or serve as an elected officer or committee chair.