

# STARR KING VIEW

Starr King UU Fellowship  
-A Welcoming Congregation-  
February 2020



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**Interested in Learning about  
Membership in Starr King UU?  
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Starting Point session on February 8](#)**



## Stewardship Cottage Meetings

Sign up now

[Click here for more information](#)



## Starr King Unitarian Universalist

Fellowship is turning 40!

[Help us celebrate...](#)

## The New Hampshire Solution to Gerrymandering

Monday, February 24 at 7:00 PM

[Click Here to learn more](#)

**Save the Date!!!**

**Saturday, April 4**

**Annual Fundraiser Auction**



## Minister's Newsletter

**The Bamboo that bends is stronger than the oak that resists.**

**~ Japanese proverb.**

Our Soul Matters theme for February is Resilience. Unlike endurance, resilience has a give and take quality that makes a variety of outcomes possible. Resilience gives us greater flexibility in our response to challenges. But to make it so, we must actively choose it. I choose it when I get outside. I love being out in the winter when I can snowshoe. At its best, this form of winter hiking offers me longed-for sunshine and abundant fresh air. When I'm out, I hear singing in the chickadees' cheery conversations and the sound of wind moving through the trees. Being outside makes me more like bamboo than oak, more flexible and able to handle those things that I fear might break me.

Resilience gives us the option to sway and bow to difficult things knowing that bending might give us a way of living that is different and perhaps even better. Our community does this too. When we gather and laugh, when we light candles to honor transitions, and when we try to figure out how best to solve problems together. We are more resilient when we tell each other stories. In these challenging times, I hope you have those things that make you resilient, that allow you to be agile and open in your thoughts and actions. I hope you have a balance of time with others and time alone, sunshine and beauty enough to keep you from breaking.

This month is filled with milestones and invitations to consider resilience and resistance. February is Black History month. Join us on Sunday, February 9 to revisit our commitment to the Black Lives Matter movement. Remembering how far we've come is important to continuing our justice work. Another milestone recognized this month is Freedom to Marry day on February 12. As you no doubt know, we will be voting in the New Hampshire primary this month. Surely that alone is reason enough to seek and remember the role of resilience in resistance. I hope you'll join us for Sunday services to explore this topic and of course to simply be made stronger by being together.

Stay tuned for more on our Mission/Vision work. Fifty people participated in our Vision session in January. I am quite pleased with the engagement of our members and friends, thank you to all those who participated. We gathered good insight and have crafted our first versions of our new mission and vision statements. I, and the Mission/Vision Team, will offer those to you in the coming month. After any necessary wordsmithing, we will vote on these at our annual meeting in May. I am excited to use these statements in the coming years to help us clarify what is next for our community.

In Faith and Love,

Rev. Linda

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## Office Hours

The Reverend Dr. Linda Barnes is in her office  
Tuesday and Wednesday,  
10:00 AM to 2:00 PM,  
Thursday 10:00 AM. to 3:00 PM  
or by appointment, 536-8908.

Fellowship Office is open  
Monday through Friday 9:00 AM to 1:00 PM  
536-8908

## Sunday Morning Services 9:30 AM

### February 2 Making Resilience of Hope

Rev. Linda

Groundhog Day marks the true midwinter, the midpoint between the Winter Solstice and Spring Equinox. We are also in the midst of the soon-to-be Presidential Primaries, the impeachment trial, and so much more, all of which present deep challenges. Let us take a moment, to pause together in this middle place, so that we may find hope and, in that hope, our resilience.

### February 9 Still We are Called: Black Lives Matter

Rev. Linda

With words and deeds, we declare that Black Lives Matter. On this Sunday we commit again to break down systems of oppression so that we all: black, brown, and white alike; might be truly liberated into wholeness, worth, and dignity.

### February 16 Spiritual Journeys

Worship Leader Paul Tierney

"Where Do We Come From, Where Are We Going" is a hymn that we are all quite familiar with. It embodies our Spiritual Journey as we seek the truths that will find meaning and sustenance to each of us. On this Sunday, Fellowship members Jennifer Legier, Ed Van Dorn and Jessica Dutille will share their Journeys with the Fellowship. When we hear each other's stories, it can illuminate our own stories. Come hear from other Starr King UU Fellowship members who will offer a glimpse of their own spiritual experiences and learnings.

### February 23 Earth's Instructions in Resilience

Rev. Linda

Relationships matter and diversity is stability: that's it! These two foundational ecosystem truths offer a lesson to ethically and honorably engage with energy, food, and with one another.

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## Stewardship Cottage Meetings

The Stewardship committee invites you to attend a cottage meeting during the month of February and early March. This is an opportunity to gather with a small group of members and friends for stimulating discussion, companionship and good food. The meetings are scheduled as follows:



- ◇ Sunday, February 9, 11:30 AM.  
Brunch at the home of Kathy Hillier and Ed Loranger, Plymouth.
- ◇ Sunday, February 9, 5:00 PM  
Dinner at the home of Paul and Mary Hazelton, Hebron.
- ◇ Wednesday, February 12, noon  
Lunch at the home of Sandy Mucci, Meredith.
- ◇ Saturday, February 15, 5:00 PM.  
Dinner, Fellowship Hall, Starr King, Plymouth. Childcare provided.  
**Children Welcome.**
- ◇ Sunday, February 16, noon.  
Brunch at the home of Jess and Dan Boynton, Campton.  
**Children Welcome.**
- ◇ Saturday, February 22, 5:30 PM.  
Dinner at the home of Susan Scrimshaw and Allan Stern, Thornton.
- ◇ Friday, February 28, 6:00 PM.  
Dinner at the home of Sue and Wes Chadwick, Bristol.
- ◇ Saturday, March 7, 5:30 PM.  
Dinner at the home of Bob and Jane Clay, Plymouth.

We encourage you to sign up in the foyer in the Fellowship, or online through SignUp Genius which you received from Mary Hazelton.

## Letter from the President

*Till at last the ocean's recession,  
Has accomplished its ancient law,  
And a new tide is raised by the new forces,  
And shoreward begins to draw.*

*But there's strength to be won from the ocean,  
And this faith from the fathomless sea;  
That if one tide can take out one treasure,  
The next may bring new ones to me.  
- Sheldon Christian*

As a Fellowship and in Soul Matters, we are learning about *Resiliency* - to lean on others and to bend to new ideas. Forty years ago, the founders knew everyone and most information was shared, much like a family. Most of us are too new to remember those days; we can only imagine. Now, at Starr King, we must depend on and trust the wisdom and efforts of others. We cannot, nor do we want to, do it all ourselves! There is comfort in knowing that we are a team. It would be far too great a task to hold up our entire Fellowship alone. Our Minister cannot do that, nor can our President, our Board, nor our Committee Chairs. We work as a team with many coaches and players. As we grow, we learn to trust and accept change. Without change, we might cease to exist. It's an exciting time in our Fellowship. I invite you to honor our past, embrace change, and look to the future with enthusiasm.

In fellowship,  
Deedie

### January 21, 2020 Board Meeting:

- Spiritual and supportive work with *Nested Bowls*.
- 2020 GA Delegates - Janet Englund, Judi Hall, and Jane Clay.
- Cindy Spring, Judi Hall and one more delegate needed for April NNED Conference. See Cindy, if interested.
- Early GA registration fees apply until March 15. Apply to Endowment Fund Committee for fee reimbursement.
- Considering Staff Realignment.
- Considering a Team approach to Property Management. April 26 meeting after the service open to all.
- Ad hoc committee formed to choose effective tool for minister's annual evaluation.
- Recognized Mission/Vision Team for work done.
- Board encouraged to support Stewardship Drive.
- Reported on progress of Solar Installation Project. Reviewed attorney's concerns with Power Purchase Agreement. More information requested.
- Approved new insert (designed by Jim Pamplin) for our sign.
- Plans progressing for 40th Birthday Celebration. See Mary Crowell to help with plans.
- Completed Questionnaire for Congregational Certification.
- Considered ways to live into Principles and honor mission.

### **Starr King Governing Board**

President: Deedie Kriebel  
Vice President: Mary Crowell  
Secretary: Sally Gove  
Treasurer: Janet Englund  
Trustee: Judi Hall  
Trustee: Mike Randall  
Trustee: Cindy Spring  
Trustee: Diana Pamplin  
Trustee: Ed Van Dorn

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## Mission Statement

Starr King Unitarian Universalist Fellowship is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

## From your Community Minister

What a political time we are in. Presidential hopefuls popping up here, there and everywhere. The New Hampshire Legislature is in session. So much is going on! As a UU Community Minister with a focus on legislative advocacy, I am tempted to list all the events and legislative committee meetings here, but instead of reinventing the wheel, I will urge you to subscribe to the AFSC (American Friends Service Committee {Quaker}) weekly legislative update.



Below is the link to the page to subscribe:

<https://www.afsc.org/action/nh-state-house-watch>

The other place to get information about specifically UU gatherings is through UU Action NH. If you are not already on their email list, please consider signing up here:

<https://www.uuactionnh.org/>

During February, I will be giving my “Faith and Works” service to three New Hampshire congregations so I will only be at Starr King on February 16. Please feel free to call or email me if you have suggestions or ideas about social justice or legislative advocacy that I can help with.

I continue to enjoy getting to know you and being part of Starr King UU Fellowship.

Namaste,  
Emily

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## The New Hampshire Solution to Gerrymandering

**Monday, February 24 at 7:00 PM**

Come learn about gerrymandering and a New Hampshire solution. When legislators design their own districts, they effectively choose their voters. But shouldn't voters be able to choose their legislators at the ballot box, candidates who reflect their concerns? Following the 2020 census new district lines will have to be drawn. An independent redistricting commission can design district maps without partisan bias, allowing a broader range of candidates the opportunity to represent voters.

Presenters: Olivia Zink is Executive Director of Open Democracy and Liz Tentarelli is President of the League of Women Voters New Hampshire. Both are non-partisan organizations working for voting rights.

Hosted at Starr King Fellowship, 101 Fairgrounds Road, Plymouth, NH Open to the Public. No cost.

## February Outreach Collection - Pemi Youth Center

February's Outreach Collection will be in support of the *Pemi Youth Center* which is housed in the “Old Fire Station” on Main Street in Plymouth. The Center provides a safe and welcoming environment where youth ages 10 – 17 may gather after school, Monday through Friday. A variety of activities are offered, as well as help with homework. Snacks and a home cooked meal are provided each day, with the youth participating in the preparation. All services are provided at no charge. The collection for the *Pemi Youth Center* will take place March 1.

## Soundbites

Integrity and Resilience. That these two themes for January and February are back to back is not lost on me. One calls us to represent who we are as a person of Faith, and the other invites us to hold fast in our journey.

In thinking of my own journey where both of these ideals have been present, I reflect on my over 20 years of volunteer service to the broader Faith. Shared participation in roles with either the Musician's Network or the Unitarian Universalist Association at large have yielded hours and miles of service. All of that time has not been easy or fruitful; there were many two steps backs to every movement forward. And, I have practiced resiliency in continuing to serve, even when I wanted to quit. There are many folks who have help guide, support and encourage me, and for that I am grateful. I finish my four year stint on the UUA board in June at General Assembly, and while I hope to take a year off before agreeing to another volunteer position, I don't know if I can. There is so much good work being done in our Faith to dismantle the white supremacy culture, and to center our efforts of spreading Love. "How can I help from singing?"

February is the kick off month for the Stewardship Campaign for Starr King, and what a powerful reminder of staying resilient in a community. The choir will be singing a piece entitled ***This Hope that We Make***, text by Rev. Gretchen Haley and music by Rev. Jason Shelton. It sings, "This hope that we make together, let it be a source of joy. As life comes to us in a thousand different ways, let love and beauty hold us in their warm embrace. In this hope that we make together." Indeed, being able to be present and keep moving forward takes all of us together.

So, I invite you to be generous in your efforts to continue to support not only Starr King in its mission to spread love, but also in your support of the UUA, which brings us hope together.

Peace,

Sarah Dan

February Dates

SUNDAYS

February 2, 2020 - Sarah Dan and Choir

February 9, 2020 - Sarah Dan

February 16, 2020 - Sarah Dan and Choir

February 23, 2020 - Will Gunn, musician

THURSDAYS

Choir meets every Thursday in the Sanctuary 7:00-8:30 PM EXCEPT February 27 (Sarah Dan in South Georgia)



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The Rev. Dr. Linda Barnes, Minister  
Sarah Dan Jones, Music Director  
Office Administrator: Lisa Olech  
admin@starrkingfellowship.org

### Governing Board

Pres.: Deedie Kriebel  
Vice Pres.: Mary Crowell  
Treasurer: Janet Englund  
Secretary: Sally Gove  
Trustees:  
Ed Van Dorn  
Judi Hall  
Mike Randall  
Diana Pamplin  
Cindy Spring

## Starr King Unitarian Universalist Fellowship is turning 40!

In March, we will be celebrating our 40<sup>th</sup> birthday, and plans are in the works for celebrating this milestone. Do you know how we started? Did you know that five of the founders are still active members of our fellowship? Do you know who they are? Answers are at the bottom of the page.

We are looking for people interested in helping us plan a fitting celebration on March 15 (cake will definitely be included!). Also, we are interested in relevant pictures from our past. Please contact Mary Crowell if you have pictures or are interested in helping with this event. Or sign up on the "What Can I do to Help" Bulletin Board in the hallway.

*Answers: A newspaper ad was the start of it all.*

*Gigi & Paul Estes, Mary & Paul Hazelton and Kathy Hillier have been here since the beginning!*

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### Fundraising that costs you no additional money!

The purchase of a Hannaford card to use for grocery shopping costs you no additional money but helps SKUUF raise funds. SKUUF receives 5% of our total order in bonus cards and when we sell these we have a clear profit. In addition, purchase of Hannaford gift cards is always in good taste and you can use the SKUUF Hannaford program to purchase gift cards to give as thoughtful gifts. Denominations can be \$25, \$50, \$100, \$250, or \$500.

See Lisa during office hours at SKUUF or look for Betty Ann Trought / Linda Haskins after services.

Remember all checks are made out to SKUUF with Hannaford in memo line.

### Fun Facts for February

Most of us already know it is Black History month, as well as other special days such Valentine's Day, President's Day, Chinese New Year (To 2/8), Mardi Gras (2/13), Ash Wednesday (2/26) and Lent (ends 4/9), Groundhog Day and Super Bowl Sunday.

But...do you know that the Side With Love Campaign: Thirty Days of Love (UUA) ends 2/14?

Or that February is the beginning of the Season for Nonviolence? (to 4/4)

Some other facts include the following:

◇ February 11 - Don't Cry Over Spilled Milk Day

◇ February 12 - Freedom to Marry Day

International Darwin Day (Darwin's birthday)

National Association for the Advancement of Colored People (NAACP) was founded in 1909

◇ February 17 - Random Acts of Kindness Day. An act of kindness is like a little gift and can be done every day, not just the 17<sup>th</sup>!

Do you have a special day this month?

## Interested in Learning about Membership in Starr King UU?

Our "Starting Point" session (formerly Pathway to Membership) will be held **Saturday, February 8 from 9:00 AM to 1:00 PM** and includes lunch. The session will be facilitated by Rev. Linda and various Fellowship members. Whether you have come from another faith or UU tradition or are just curious about our roots, this is a great opportunity to share stories and meet others as you learn more about UUism and our Fellowship. This is an information gathering session with no obligation or expectation of becoming a member. A sign-up sheet is in the foyer or click here. [Starting Point Signup](#).

## About Membership in Starr King Unitarian Universalist Fellowship

### What it Means to be a Member

Membership is open to all individuals sixteen years and older regardless of race, creed, national origin, gender or sexual orientation who are in harmony with the visions, goals and principles of Starr King Unitarian Universalist Fellowship.

You are invited to become a member by participating in a Path to Membership orientation or by meeting with the Minister to review the benefits and responsibilities of membership. All new members sign the official Membership Record book witnessed by the Minister or a Membership Committee Chair.

Members are entitled to the services of the Minister and the use of the sanctuary for Rites of Passage (weddings, dedications, memorial services, etc.) at no cost. Members are eligible to serve in elected officer positions and serve as committee chairs. Members have the privilege of full voting rights.

Membership is maintained by active participation in the Fellowship, by supporting the annual Stewardship Drive and/or contributing service toward the Fellowship.

### What it Means to be a Friend

A Friend of Starr King UU Fellowship is an individual in harmony with the visions, goals and principles of our Fellowship who chooses not to sign the Membership Record Book. A Friend may participate in any and all Fellowship activities but does not receive Rites of Passage services without a fee, is not eligible to vote or serve as an elected officer or committee chair.

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## Online Member/Friend Directory

Need to reach your Starr King Friends? All members and active friends have access to our online directory. The link is on the Member menu item of the [starrkingfellowship.org](http://starrkingfellowship.org) web page or you can simply go to the url [skuuf.simplechurchcrm.com](http://skuuf.simplechurchcrm.com). Your username is your first name and last name separated with a period such as mickey.mouse. If you have never logged in before, simply click on Forgot Password and one will be emailed to you. If you like using your mobile device, you can download the app for Simple Church. To setup, type in the domain name "skuuf".

Here's what you can do there:

- Change your contact information
- Find contact information of SKUUF members
- See what groups you belong to (e.g. Soul Matters, Smooth Sundays)

Questions? Contact [kmkelsey@gmail.com](mailto:kmkelsey@gmail.com).



## Activities

The month begins with First Friday Breakfast at the PSU Dining Hall, at 8:30 AM on February 7. For those interested, after breakfast, we will stroll over to the Museum of the White Mountains to view the current exhibit: "NOURISH? Arts address Mind, Body, Spirit."

Dinner and a Show this month is on February 29. The Show is Henrik Ibsen's late 19th Century play, ***An Enemy of the People***. The play features a clash between science and politics; public health, environmental issues, and town economics; and facts and "alternative facts." The Dinner spot will be announced closer to the 29th. Please let Pete Holman know if you would like to join the group for dinner.

Finally, just a note...The Sidore Lecture at the Silver Center on March 3 at 7:00 PM is a presentation by Dr, Bomberg-Munoz: ***Arrested Mobility: Migration and Militarization in a Post-Truth United States***.

Pete Holman

## Youth Group

Youth Group meets the second and fourth Sundays of each month from 4:00 to 6:00 PM in the youth room. All youth in grades **7-12** are welcome to join! Youth Advisors, Bob Clay and Jess Dutille, really enjoy working with our amazing youth and are happy to answer any questions.

Jessica A. Dutille

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## Play Bridge Thursday Afternoons

If you are a bridge player interested in the Thursday afternoon bridge game at Starr King Fellowship, please see Anna Wilken.

## SCRABBLE

**Need something to keep your noodle going?  
Or do you just like words?**

Looking for a game to help keep your mind sharp and broaden your vocabulary? Come to *Open Scrabble*, downstairs conference room, each Tuesday from 2:30 to 5:00 PM or when last game ends.

If you want routine reminders, please send an email address to [ba-trought@gmail.com](mailto:ba-trought@gmail.com). This is a relaxed, open book method of playing and anyone is welcome.

## SKUUF Morning Men

The SKUUF men's group will gather for Morning Men Meetings on February 3 and 17 from 10:00 AM to 12:00 Noon, upstairs at SKUUF. Any and all interested men are welcome to attend. As a bonus, coffee and snacks are provided.

## Wise Women for December

Wise Women is a study group for older women which meets the second and fourth Wednesday each month (10:30 to noon) in the Sanctuary to discuss topics of interest to members.

### February 12, 10:30 to Noon

Facilitator - **Betty Ann Trought**

***Lives Well Lived, Celebrating the Secrets, Wit and Wisdom of Aging***  
A Feature Documentary Film by Sky Bergman, more information to follow.

### February 26, 10:30 to Noon

TBA

**Faithful Risking Workshop**  
**Saturday, April 4 - 9:00 AM to 3:00 PM**  
**UU Church, North Andover, Massachusetts**

This program is designed for religious professionals and lay people to build collective practice for collective action. Because shifts in congregational practice, such as cultivating capacity for faithful risking, require sustained group effort, **you are strongly encouraged to attend this workshop with a team of four or more.**

UUA President Susan Frederick-Gray has said that “this is no time for a casual faith.” Our Unitarian Universalist Principles and the particular missions of our congregations call us to an engaged and active faith. We are called to bring more justice, equity, compassion, and liberation to our own lives, our congregations, our local communities, and the world. To be faithful to this call requires taking risks.

This workshop invites your team into a deeper awareness of the practice of faithful risking as part of Spiritual Leadership. Specifically you will:

- Examine a theology of faithful risking as part of the faithful practice of Unitarian Universalism in congregations
- Explore some methods and tools for group discernment, and practice using at least one of them
- Reframe the discomfort that comes with stretching beyond our comfort zone as a positive sign of meaningful change
- Identify skills and tools for increasing our tolerance of discomfort, and practice using at least one of them
- Analyze case studies of UU congregations taking faithful risks

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***Interested in attending? Let me know!***

***Cindy Spring***

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Ongoing New England Region Workshops,  
Webinars & Trainings  
**Our Whole Lives (OWL) Facilitator Trainings in 2020**

**February 21-23, 2020**, Grade Levels 7-9 and 10-12

**March 13-15, 2020**, Grade Levels 7-9 and 10-12

**April 24-26, 2020**, **Grade Levels 7-9 and 10-12**

<https://www.uua.org/new-england/workshops-webinars>

[And more Denominational Activities](#)

## Northern New England District

At the present time our Fellowship is part of the **Northern New England District**. It includes the UU Congregations in Maine, New Hampshire and Vermont. The District Annual Meeting will be held at the Nashua UU Church on April 24 and 25, 2020. A few years ago twelve of us attended!!

This will be a very important meeting because we will be voting on whether to dissolve the NNED and join with the New England Region of UU Congregations. The Region has already been serving us. (I AM currently a member of the Regional Advisory Committee.) Paul Tierney and Nancy Chadcock have both served on the District Board and can tell you much more about why this is a necessary next step. Paul Sawyer, a former member here (now minister at the Hartland, Vermont UU Church) has compiled a great history of our District starting in 1793! To read it, go to NNED and open their October newsletter.

## UUA General Assembly

General Assembly is the annual gathering of Unitarian Universalists, where we conduct business of the Association, explore the theological underpinnings of our faith, and lean fully into our mission and principles. Please join us Wednesday, June 24 through Sunday, June 28, 2020 in Providence,

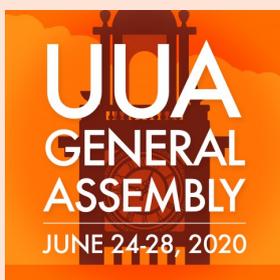
Rhode Island for this 5-day immersive experience where we participate in inspirational worship services and informative workshops, reconvene with friends and colleagues, and explore our bustling exhibit hall. GA is an unforgettable experience for the thousands of UUs who attend. Meet us in Providence and you'll leave with renewed energy and innovative ideas to share with your congregation and community-at-large!

The theme for General Assembly in June 2020 is ***Rooted, Inspired, & Ready!*** We are in touch with our theological roots, we are engaged in transforming our faith, and we are fired up to take action in the wider world.

Adult full-time registration is \$400 through March 15. (After that it goes up!) Our Endowment Committee has set aside \$3500 for GA registrations. They hope to get one of our youth to attend. People who only want to go to see Rev. Linda obtaining her "Full Fellowship" handshake on the stage can do that on their own. There is no registration fee for that service.

The UUA runs a "housing service" for local hotels. It will go on-line on March 15. Sharing rooms helps with that cost!

A number of folks from the Fellowship have attended (and loved!) GA. Singing familiar hymns with 3000 or 4000 UUs is inspiring! So are the many worship services, the in-depth discussions and watching UUs conduct the business of the Association with passion and care.



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## Are you receiving UU World?

One of the benefits of membership is receiving the quarterly UU World magazine. If you are a member and not receiving this magazine it may be because we do not have your most recent address. Please email Kathy Kelsey at [kmkelsey@gmail.com](mailto:kmkelsey@gmail.com) so she can check the UUA database.